

**Pembroke Diocesan Council of the Catholic Women's League of Canada**  
**Spring Meeting, Mar 4, 2023, Oral Report**  
**Pat Weller, Communications Chair**

It struck me how marvellous is the level of communication we have at our finger tips whether it comes through our phones, lap tops, or other devices. It doesn't seem so long ago that we thought carefully about who we might make a long-distance phone call to or when we would make a call to best limit the charges. It was more common to write a letter to a friend or family member living away. So much has changed. Now many of us have a phone with a plan. We can pick up our phone at any time of the day and give little thought to the specific charges. We can send texts back and forth to family or friends whether they are next door or on the other side of the country as easily as if they were in the same room.

Texts and emails are one thing but what about social media? The immediate reach of these platforms is impressive, as is the speed at which events and news are circulated. It is apparent that social media has become an important way to connect and stay connected. However, whether it's a text message, email, phone call or social media post, whatever we do in service for the CWL must reflect the core purpose, mission, and values of the League and must be faithful to the teachings of the Catholic Church. These technologies can meet all of these criteria and still be fun and fulfilling instruments.

But let's not forget, in our focus on social media and the internet, that face-to-face personal interaction is still important, as are phone calls and written notes. Take a balanced approach and maintain good communications in a variety of ways. And parish councils, remember to share your good news with members across the diocese through the various means that are available to you.

We can all use the technology and still be *Catholic and Living it!*